



**RELAX, RENEW, REFRESH!**

**DE-STRESS DAY AT JKC**

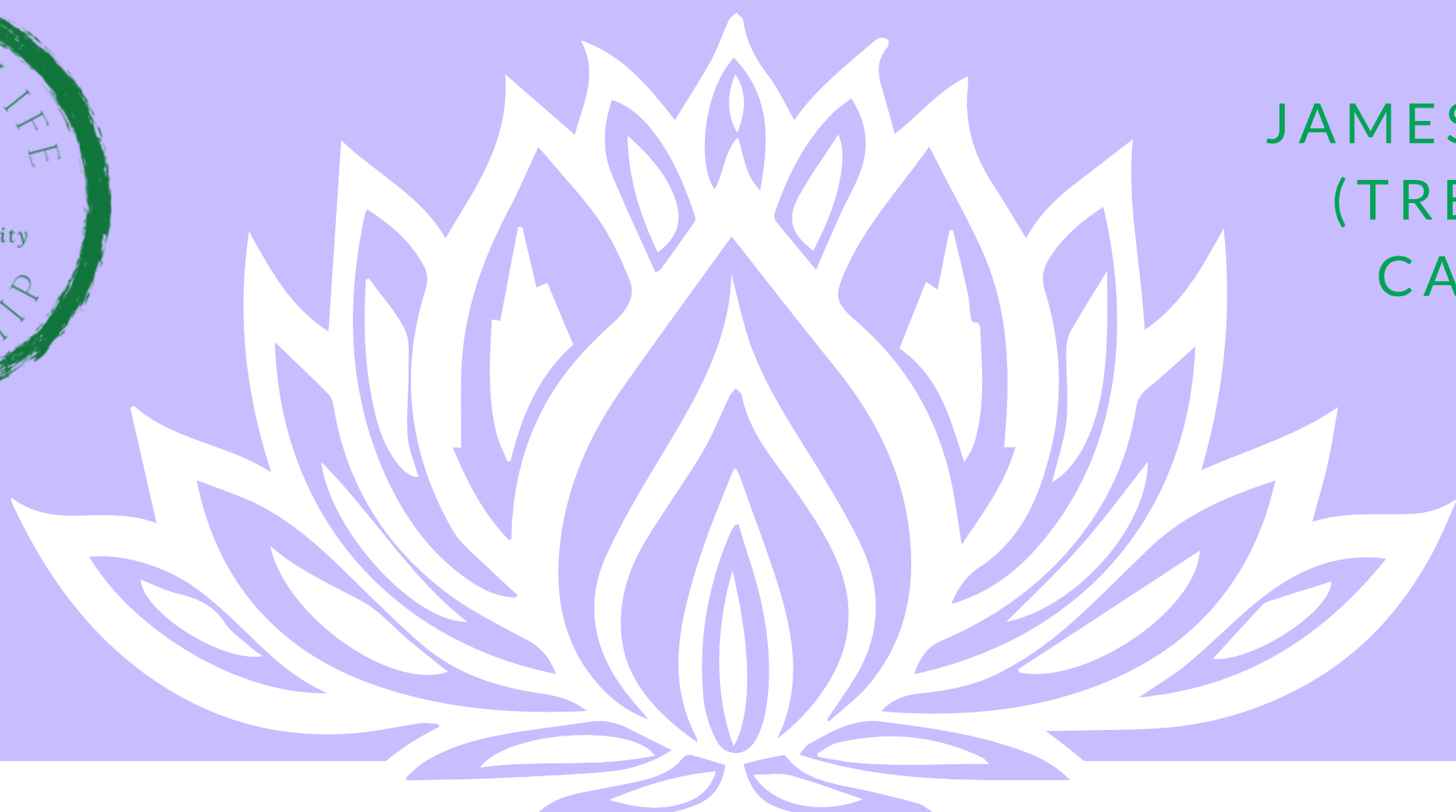
**NOVEMBER 4TH**

**11:00AM - 2:00PM**

**KC229**

Enjoy: Yoga, Meditation, Aromatherapy, Rock  
Painting, Coloring & Chair Massage

**PLANNED BY  
STUDENT LIFE AND LEADERSHIP**



**JAMES KERNEY  
(TRENTON)  
CAMPUS**